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Certifications

- Licensed Professional Counselor (LPC) - Pennsylvania
- National Certified Counselor (NCC)

Professional Organizations

- National Board of Certified Counselors (NBCC)
- American Counseling Association (ACA)
 - *APA Division 47: Society for Sport, Exercise & Performance Psychology*
 - *APA Division 44: Society for Psychology of Sexual Orientation & Gender Diversity*
- International Association for Dance Medicine & Science (IADMS)
- Students for Disability Advocacy (SDA) at the University of Pittsburgh, Vice-President, 2016-17

Academic Career

- ***M.S. Clinical Rehabilitation & Mental Health Counseling***
University of Pittsburgh, School of Health & Rehabilitation Sciences
Pittsburgh, PA

GPA: 3.8

- 2017 Recipient Virginia Kauffman Award
- Graduated cum laude
- ***B.S. Psychology, Concentration in Sports Psychology***
Robert Morris University

Moon Township, PA

GPA: 3.8

- 2010-2011 Dean's List
- 2011-2012 Dean's List
- 2012-2013 Dean's List

Clinical Experience

- **UPMC Western Psychiatric Hospital: Center for Eating Disorders - Behavioral Health
Therapist III: Program Supervisor
Pittsburgh, PA
10/20 - Present**

- a) Manages team clinical duties & provides vocational guidance
- b) Partial Hospitalization Program (PHP) & Intensive Outpatient Program (IOP)
- c) Works with clients on an outpatient basis & within programming
- d) Manages client census for outpatient programming
- e) Coordinates levels of care & client transfers into outpatient programming
- f) Participates in outreach opportunities within the community & out of state
- g) Assists with the hiring & interview process of new employees

- **UPMC Western Psychiatric Hospital: Center for Eating Disorders - Behavioral Health
Therapist II
Pittsburgh, PA
02/20 - 10/20**

- a) Partial Hospitalization Program (PHP); Intensive Outpatient Program (IOP)
- b) Led individual intakes, group meals, & therapeutic groups
- c) Worked with clients on an outpatient basis & in programming
- d) Managed intake line for eating disorder referrals
- e) Managed client census for outpatient programming
- f) Coordinated levels of care & client transfers into outpatient programming
- g) Participated in outreach opportunities within & beyond the community

- **UPMC Western Psychiatric Hospital: Center for Eating Disorders - Behavioral Health
Therapist I
Wexford, Pennsylvania
09/18 - 02/20**

- a) Collaborated with Pine Adolescent Team & conducted modified Family Based-Therapy (FBT) treatment for adolescents & their families for one year
- b) Partial Hospitalization Program (PHP); Intensive Outpatient Program (IOP)
- c) Led individual intakes, group meals, & therapeutic groups
- d) Managed the intake line for eating disorder referrals
- e) Coordinated levels of care & client transfers into outpatient programming

- **KPEX Consulting - Peak Performance Specialist**
Pittsburgh, PA
02/16 - Current

- a) Group & individual consultant for adolescent & adult athletes
- b) Focuses on mental skills training for sport or performance
- c) Collaborates with consultants, athletic teams, & coaches

- **University of Pittsburgh - Rehabilitation Specialist**
Johnstown, PA
08/15 - 08/17

- a) Assisted transition-aged young adults with cognitive & physical disabilities
- b) Led groups & individuals in Cognitive Behavioral Therapy (CBT) & social skills

Research Experience

- **Salerno, A;** Kulzer, J; Schein, M. *The Impact of Participation in a Positive Psychology Group*. 2016
 - Presented at the Pennsylvania Rehabilitation Association Conference
- **Salerno, A.** *Returning to Performance Among Injured Dancers*. 2013
 - Presented at the Western Pennsylvania Undergraduate Psychology Conference

Professional Awards

- 2018 Making A Difference Award, Western Psychiatric Hospital
- 2020 Millennium Who's Who Selection

Professional Speaking Engagements

- 2016-2018 Guest Speaker, Chatham University
- 2018 Career Discussion Panelist, Robert Morris University
- 2018 Career Discussion Panelist, University of Pittsburgh
- 2019 Eating Disorders in Sports & Performers, Western Psychiatric Hospital
- 2021 Guest Speaker, Western Psychiatric Hospital, University of Pittsburgh
- 2021 Guest Speaker, UPMC Children’s Hospital, Western Psychiatric Hospital
- 2021 Guest Speaker, Point Park University: “Mental Health in Dance,” Minding the Gap

Professional References

- Joshua Hefferon, LCSW
- Tiffany Painter, LCSW
- Aimee Kimball, Ph.D.
- Samantha Monda, Ph.D., LPC
- Leigh Skavarla, Ph.D., LPC